

Reducing Your Risk for a Fall

NewYork-Presbyterian Brooklyn Methodist Hospital is pleased to collaborate with the New York City Department of the Aging to present an interactive and informative conversation with clinical experts from NewYork-Presbyterian Brooklyn Methodist on injury prevention.



Wednesday, September 22 at 2 pm

zoom.us/j/98575228435

Or dial by phone: 212 225 8997

Meeting ID: 985 7522 8435

The virtual presentation will include:

- Self-fall risk assessment
- Tips for safeguarding your home
- Improving strength and balance